

### Themes for January 2019 Session:

- How to create a formative project
- The Art of Accompaniment in Formation
- Embracing the Call of Religious life
- Spiritual Direction
- Understanding Bullying in Formation



The inaugural session of our Formation for Formators short course programme

The picture shows the participants in a session on Spirituality with Fr Martin O'Connell SPS

### Payment Details:

St Joseph's Theological Institute

Bank: First National Bank

Account No.: 525 3000 9060

Branch code: 220725

### Payment Reference:

FFFJan19—Name + Surname

The cretan labyrinth consists of two paths that cross and wind around each other. We see this a symbolic representation of the relationship between a formator and a formandi. The crossing signifies the cross of Christ who is the model formator and the one in whom our purpose is found, as we continue our pilgrim way; embracing our truth and striving for the fullness of life.



Labyrinth image from:  
<https://ellisnelson.com/2013/01/24/walking-the-labyrinth/>



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# St Joseph's Theological Institute



# Formation for Formators Programme

## **What?**

The SJTI Formation for Formators Programme is dedicated to preparing men and women for the ministry of formation by offering a comprehensive, spiritual, collaborative and experiential approach to formation ministry.

The fully cycle of the formation programme will take six 3-week sessions of short courses over three years, in January and July of each year. Each session will follow 3-5 themes or aspects related to formation.

This is a non-accredited programme. Each module is offered as a short course designed to meet the needs of formation in our contemporary context and the needs of participants already in full time ministry.

## **Who?**

This program is designed to fulfil a need to offer a comprehensive training program for those serving or going to serve in formation ministry in religious communities and diocesan seminaries

## **How?**

By living, worshipping, and studying together, participants are able to model and live what would be ideal in communities of formation. Through this experiential process, participants have the time for lasting integration. At the end of the program, participants will not only have the knowledge, skills, and tools they will need, but they will also have the awareness and confidence to carry out the formation ministry.

## **Where?**

St Joseph's Theological Institute, Cedara. The campus is set in tranquil surroundings in the KZN midlands, 20km from Pietermaritzburg and 10km from Howick.

Residence is available at the Enkanyisweni Residence managed by the Institute,

## **Requirements**

- ◆ Recommendation by Major Superior
- ◆ Final vows for religious participants and ordination for diocesan participants.
- ◆ A good grasp of English.
- ◆ Matric pass or equivalent
- ◆ Payment of the fees

## **Duration for January 2019 session**

- ◆ Arrival on Sunday 6 January 2019
- ◆ Departure 26 January 2019

## **Fees for 2019 sessions**

- ◆ Fees + Board & Lodging: R9 200.00

**Registration:** To register please send email to: [fff@sjti.ac.za](mailto:fff@sjti.ac.za)

A maximum of 15 participants per session.

## **Closing date for registration for Jan'19**

15 December 2018.

Registration is confirmed by payment of 50% of the Session Fees (i.e. R1100) on being informed of acceptance into the programmed, and the balance by the first day of the session.

Please see back for payment details.

## **CURRICULUM FOR JANUARY 2019 SESSION**

### **How to create a formative project**

- ◆ Notion of formative project
- ◆ Analysis of starting situation of candidates
- ◆ Definition of objectives
- ◆ Evaluation of formative project

### **The Art of Accompaniment in Formation**

- ◆ Mentoring
- ◆ Building formative environments
- ◆ The role of internal and external forum
- ◆ Fostering fraternal communion

### **Embracing the Call of Religious Life**

- ◆ The Holy Spirit as primary formator
- ◆ Cultural influences and formation goals
- ◆ Cultivating spiritual fatherhood and mother

### **Spiritual Direction**

- ◆ History of spirituality
- ◆ Spiritual direction in relation to formation
- ◆ Ignation spirituality
- ◆ Prayer
- ◆ Spiritual exercises

### **Understanding Bullying in Formation**

- ◆ The phenomenon of Bullysim
- ◆ Understanding Bullysim in adolescence and adulthood
- ◆ Decoding Bullysim within the formation context
- ◆ Identifying and exploring bully behaviour in formation
- ◆ The necessity and modalities of intervention
- ◆ Developing the competence of addressing bullysim
- ◆ Dealing with the interior experience and external behaviour.